

# Second Harvest Heartland

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### **Project Goals**

To improve access to healthy foods for UCare members.

### **Project Description**

In partnership with Second Harvest Heartland's FoodRx Box program, UCare members with certain chronic conditions receive home-delivered nutritious food boxes, coaching support and educational materials to improve their eating habits and chronic conditions. Second Harvest Heartland also conducts outreach to UCare members in the metro and Greater Minnesota counties to assess food insecurity and provide SNAP assessment and food resources in the members' communities. Second Harvest Heartland is the largest hunger relief organization in the upper Midwest and a trusted source of food for more 1,000 agency programs in the region.

### **Entities Involved**

UCare, Second Harvest Heartland.

### **How Health Plans Support the Project**

UCare contracts with Second Harvest Heartland to help eliminate food insecurity among UCare members and promote healthy eating among members with certain chronic conditions.

## **Additional Information**

Second Harvest's FoodRx program

## **Questions?**

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